



PEI Pelvic & Breast Health

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Patient: _____ D.O.B.: _____ MRN: _____
Patient contact number: _____

Contraindications to pessary fittings in our clinic

Undiagnosed vaginal bleeding	Severe, untreated vaginal atrophy
Active vaginitis, UTI, vulvar infection	Ulceration/laceration of cervix or vagina
Uncontrolled diabetes	Cancers of vagina, uterus, bladder
Active inflammatory disease of the pelvic floor	known silicone allergy
Gynaecological mesh	Any other known contraindication

Please review the above contraindications

We will only fit women if they commit to using a local vaginal moisturizer to prevent tissue erosion. Please prescribe whichever is most appropriate for your patient.

Please circle:

Hormonal estrogen (Ex. Vagifem) OR OTC vaginal moisturizer (Ex. Gynatrof)

Do you agree that this patient is appropriate to be fitted for a pessary at this clinic

Please circle:

Yes OR No

Your signature: _____ Date: _____

Thank you for your collaboration.

Paige Martin PT
Physiotherapist/Owner
PEI Pelvic and Breast Health Inc.